



| Policy Name INFECTION PREVENTION AND CONTROL SHOWER CLEANING AND DISINFECTION | Policy Number: 1721            |
|---|--------------------------------|
|   | Effective Date: April 20, 2011 |
| Approved By: Management   | Date Revised:                  |
| Classification:<br>Infection Prevention and Control                           | Page No:<br>Page 1 of 3        |

#### **POLICY**

Appropriate cleaning and disinfection of equipment and surfaces are important in limiting the transmission of organisms to and from a resident and staff. To ensure that Agapé Hospice maintains an environment that reduces infections, the shower room and equipment will be cleaned and disinfected on a regular basis.

#### **PROCEDURE**

The shower room and equipment should be cleaned:

- At the beginning of the day;
- After each resident use;
- End of the day.

Any visible dirt/contamination should be cleaned off prior to disinfecting.

A disinfectant approved for use at Agapé Hospice should be used to disinfect the following;

- Shower chair and foot rest;
- Shower bench;
- Gel pad;
- Safety rails:
- Hand held shower nozzle and hose;
- Any other surfaces that the resident was in contact with;
- Walls

Any equipment that is not routinely used (i.e.: shower bench) should be cleaned before, as well as after each use.

Complete the "Shower Cleaning Record" following each cleaning including the 'beginning of the day" cleaning.

The floor of the shower room will be cleaned daily by the housekeeping staff.

The walls in the shower room will be disinfected weekly.

Instructions for cleaning and disinfecting the shower and its equipment follow.

#### **CROSS REFERENCE**

Policy #1720 -Selection, Cleaning and Disinfection of Resident Care Tubs





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# INSTRUCTIONS FOR CLEANING THE SHOWER AND EQUIPMENT TO BE COMPLETED: BEGINNING OF THE DAY AFTER EACH USE

END OF THE DAY

- 1. Remove the gel pad from the shower chair.
- 2. Spray and brush the following surfaces with the approved disinfectant:
  - shower chair and foot rest:
  - shower bench, if required;
  - gel pad;
  - taps;
  - safety rails;
  - hand held shower nozzle and hose;
  - any surface that a resident has been in contact with.
- 3. Allow all surfaces to air dry. To avoid damaging the gel pad, it should be laid flat to dry and should not be hung over the back of the shower chair.
- 4. Using the hand held shower nozzle, rinse the floor as much as possible to ensure soap residue and other debris has been cleaned away.
- 5. Following each cleaning, including the "beginning of the day" cleaning, indicate on the "Shower Cleaning Record" that the cleaning has been completed.

REMEMBER \*\*One pseudomonas aeruginosa bacteria left on a surface after the last cleaning of the day can multiply and divide every 20 minutes resulting in over 1,024,000,000 bacteria by morning (over 10 hours).\*\*





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### SHOWER CLEANING AND DISINFECTION

## SHOWER CLEANING RECORD Include Shower Chair, Bench, Gel Pad, Taps, Safety Bars, Hand Held Shower Nozzle and Hose

(plus any other surfaces as required)

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