



Policy Name:  ADMINISTRATION OF NALOXONE	Policy Number: <b>0260</b>
	Effective Date: MARCH 21, 2007
Approved By:  Executive Team	Date Revised: October 7, 2021
Reason for Revision:  Click on Item below and select Item from list.  CONTENT- Enter BELOW Reason for change Ex: Combined Policy ## and ##.  New format being used.	Next Date for Review: October 7, 2024
Section: Section 02 - Pain and Symptom Management	Page No: Page 1 of 2

## **Policy**

Naloxone is rarely used at Agapé Hospice, however it may be used for the complete or partial reversal of life threatening Central Nervous System (CNS)/respiratory depression induced by opioid or diagnosis of suspected acute opioid overdose. The physician must be notified immediately, and an order received, BEFORE naloxone can be administered.

## **Procedure**

- 1. Assess for signs and symptoms of CNS/Respiratory depression due to opioids:
  - a) Depressed mental status difficult to arouse or not able to arouse;
  - b) Shallow respirations or rate of less (<) 8 breaths per minute associated with low oxygen saturation;
  - c) Pinpoint pupils.
- 2. Notify Attending Physician of suspected CNS/respiratory depression due to opioids.
- **3.** The next dose of opioid may be held in consultation with the physician.
- **4.** Continue to monitor respiratory rate and oxygen saturation every 15 minutes or more frequently if needed.
- **5.** If the respirations and oxygen saturation cannot be corrected within 30 minutes, contact the attending physician for consideration of naloxone partial reversal.





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- **6.** Follow-up with the physician is to be done even if resident's respirations are greater than (>) 12 and the resident becomes more alert. Discuss with physician possible changes to dosing and/or frequency of narcotic.
- 7. Document thoroughly on progress notes of the resident's health record;
  - a) signs and symptoms assessed;
  - b) action taken including discussion with physician;
  - c) follow-up care.

## **Nursing Implications**

- 1. Give Naloxone with caution in opiate dependent residents. Prepare for narcotic withdrawal. Residents may exhibit agitation, irritability, increase pain, sweating and hypertension.
- 2. The duration of action of naloxone (approximately 20-60 minutes) may be shorter than that of the narcotic; watch for returning signs of CNS/respiratory depression and give additional doses of naloxone as per physician orders.
- **3.** Depending on the dose of naloxone, analgesia will be reversed and may be manifested by nausea, vomiting, sweating and tachycardia.
- 4. Contact physician regarding dosage.